

**Gravelbourg & District Aquaplex Centre – (306) 648-2999**  
**July 2011**

<b>LARGE POOL SCHEDULE</b>							
	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>Lane Swim</b>	9 - 10am 10:30 - 11:30am	6 - 7:30am 10:30 - 11:30am	6 - 7:30am 9 - 10am 10:30 - 11:30am	6 - 7:30am 10:30 - 11:30am		1 lane rope is open during public swimming	1 lane rope is open during public swimming
<b>Fitness Class</b>	<b>Deep Water</b> 10:30 - 11:30am  <b>High Impact</b> 7 - 8pm	<b>Low Impact</b> 9 - 10am  <b>Deep Water</b> 10:30 - 11:30am	<b>Deep Water</b> 10:30 - 11:30am  <b>High Impact</b> 7 - 8pm	<b>Low Impact</b> 9 - 10am  <b>Deep Water</b> 10:30 - 11:30am	<b>High Impact</b> 7 - 8pm		
<b>Gravelbourg Swim Club</b>		4:30 - 6:30pm	4:30 - 6:30pm	4:30 - 6:30pm			
<b>Red Cross Lessons</b>	<b>July 4<sup>th</sup> - 14<sup>th</sup>: 9:30am - 1:30pm</b> During this session, the fitness classes and parented swim will be scheduled at a different time. An amended schedule will be posted at the pool.						
<b>Public Swim</b>	1:30 - 5:00pm 6:30 - 9:00pm	1:30 - 4:00pm 6:30 - 9:00pm	1:30 - 4:00pm 6:30 - 9:00pm	1:30 - 4:00pm 6:30 - 9:00pm	1:30 - 5:00pm 6:30 - 9:00pm	1:30 - 5:00pm 6:30 - 9:00pm	1:30 - 5:00pm 6:30 - 9:00pm

<b>SMALL POOL SCHEDULE</b>							
	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>Parented Swim 7 &amp; under</b>	9:00 - 10:30am	9:00 - 10:30am	9:00 - 10:30am	9:00 - 10:30am			
<b>Public Swim</b>	1:30 - 5:00pm 6:30 - 9:00pm	1:30 - 4:00pm 6:30 - 9:00pm	1:30 - 4:00pm 6:30 - 9:00pm	1:30 - 4:00pm 6:30 - 9:00pm	1:30 - 5:00pm 6:30 - 9:00pm	1:30 - 5:00pm 6:30 - 9:00pm	1:30 - 5:00pm 6:30 - 9:00pm

**Preschool swimmers MUST have a parent/guardian (16 yrs & older) ACTIVELY SUPERVISING. There is no individual rate for preschoolers. Since the adult must pay admission, the preschool child is free. We will allow 1 adult and 2 preschool children. More children – more adults.**