



Red Cross Water Safety Instructor Course



The **Water Safety Instructor (WSI) Course** prepares candidates to instruct the Red Cross Swim programs.

Candidates focus on strategies to introduce and develop fitness activities, skills and water safety, and swimming skills in the Red Cross Swim Preschool, Red Cross Swim Kids, Red Cross Swim @ School, Red Cross Swim @ Camp, Red Cross Swim for Adults & Teens, and Red Cross Swim Adapted programs.

Course Components & Length

Online – To be completed before May 5, 2018 14–20 hours

Skills Evaluation Saturday May 5, 2018– 3–6 hours

Teaching Experience – minimum 8 hours to be completed during the May lesson sessions (Mondays and Wednesday Evenings)

Classroom and Pool – **June 1-3, 2018** 9 hours classroom, 12 hours pool.

Pre-course Requirements

15 years or older by the last day of the WSI—Classroom and Pool, ability to perform Red Cross Swim Kids 10 strokes and skills, and hold one of the following certifications (not required to be current): Red Cross Assistant Lifeguard, Emergency First Aid or equivalent (Bronze Cross certification is the required prerequisite in Quebec).

Completion Criteria

Attend, participate in, and complete 100% of all four course components.

Evaluation

All course components are evaluated against specific

Course Materials

Water Safety Instructor Workbook
Red Cross Swim Deck Book
WSI—Online

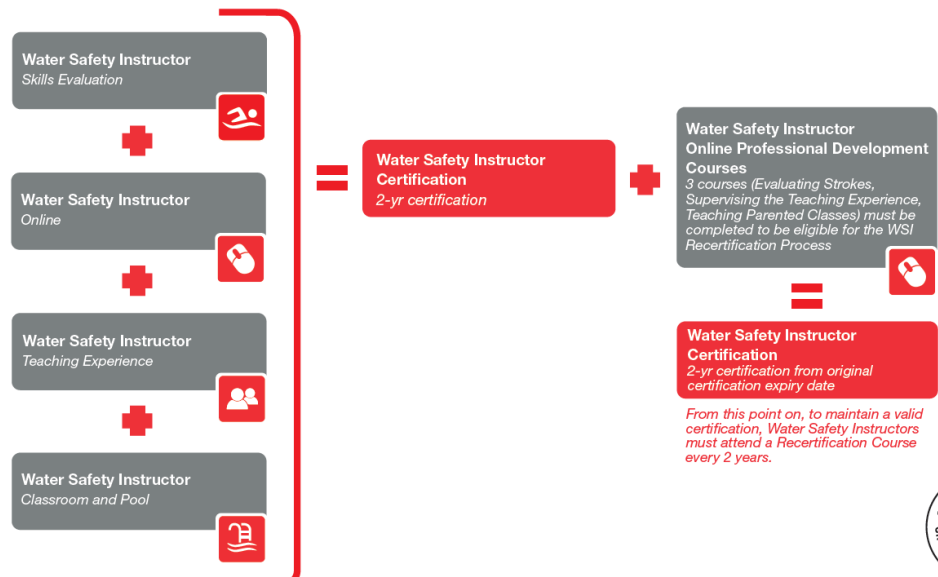
Certification

Upon successful completion, candidates are certified for 2 years as a WSI, which allows them to teach Red Cross Swim programs without direct supervision.

Complete 3 **Water Safety Instructor—Online Professional Development Courses**: Evaluating Strokes, Supervising the Teaching Experience, and Teaching Parented Classes, before attending the WSI Recertification Course.

Recertification

Attend a recertification course every 2 years (2 hours classroom, 3 hours pool).



Office 306-648-3301x6
Pool 306-648-2999
308 1st Ave E, Gravelbourg

